

TANKERSLEY C of E (A) PRIMARY SCHOOL

PUPIL ANTI-BULLYING POLICY



*"Guide me in your truth and teach me, for you are my God my Saviour and my hope is in you all day long"*

***Our vision is to:***

- ***Love our learning.***
- ***Know that God is with us, loves us and has a plan for us.***
- ***Make the world a better place.***

**We aim high and have self-belief**

**We have community spirit**

**We are enterprising**

**We have enquiring minds**

**We are respectful**

**Updated September 2025**

**Next review September 2026**

## Introduction

At Tankersley, we do not bully. We say no to bullying in the playground, in the classroom, EVERYWHERE. We want to make sure that you are safe and happy when you are in and out of school.



We have the Christian attribute beads that help us to find the good inside us.

Also, in our worship time we always have a theme like respect is this terms theme, friendship was last terms theme.

## What is bullying?

A bully is someone who hurts another person more than once, by using behaviour which is meant to scare, hurt or upset that person. At our school, we use the word 'STOP' to identify bullying:



It is important to remember that single problems and falling out with friends are not bullying. Bullying is behaviour which is repeated on purpose and is meant to upset someone.

Types of bullying can be different things, and isn't just hitting or kicking another person.



**Emotional bullying** is hurting someone's feelings, leaving them out or bossing them about.

**Physical bullying** is punching, kicking, spitting, hitting or pushing someone.

**Verbal bullying** is teasing someone, calling them names or using hand signs. People can also use verbal bullying to be racist or homophobic.

**Racist** means bullying someone because of their skin colour, race or what they believe in.

**Homophobic** means bullying someone because of their gender or sexuality; calling someone gay or lesbian would be homophobic.

**Sexist** means bullying someone because of their sex (whether they are a boy or a girl).

**Cyber bullying** involves sending horrid messages over the internet or by text message.

Bullying can be done through another person, by one person sending another person to say nasty things.

### **What to do if you are being bullied?**

If you are being bullied, the first thing you should do is tell the bully to stop.

You can also:

- Make eye contact and tell the bully to leave you alone.
- Ignore the bully and walk away.
- Tell a grown-up, such as your parent, carer or teacher.

You should try not to:



- Do what the bully says.
- Let what the bully says or does upset you.
- Get angry or hit them. Always remember that if you are being bullied, it is not your fault and you are never alone. You shouldn't be scared to talk to someone if you are being bullied. If you talk to a grown-up, we can make the bullying stop.

We have a lovely friendship bench, and if you need a friend – take a seat and we will find you a friend.



### **What to do if you see someone is being bullied**

If you see someone else being bullied, it is important that you help that person.

You should never walk away and ignore the bullying if you see someone else being bullied, because the bully will keep on upsetting that person.

If you can, and it is safe, tell the bully to stop, but never get angry or hit them.

Tell a grown-up, such as a teacher, as soon as you've seen someone being bullied.

Grown-ups can stop the bullying and make that person feel happy again. You should never feel scared to tell someone about bullying.



### **Who can I talk to?**



It is important that you tell someone as soon as you are being bullied, or you notice someone else being bullied. Speaking to someone like your mum, dad, carer or teacher will mean that we can make sure the bullying stops and doesn't happen again.

Thank you for reading this booklet. We will all work together to prevent bullying.