



Tankersley St Peter's C.E. (A) Primary
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WC 16.1.23

Dear Families

Strike

You may be aware that one of the largest teaching unions the NEU, yesterday announced that following a ballot of their members, they have reached the required threshold to hold strike action in the coming months. In practice this means that the members of this union will be asked by the NEU to strike on the following days: 1/2/23, 28/2/23, 15/3/23 and 16/3/23. Strikes on these days do not necessarily mean that schools will need to close, there is a DfE procedures Guidance for headteachers on actions to manage strike action and as a school we are working through this.

I need to balance my responsibility to respect both the rights of the employees to legitimate industrial action with the requirements placed upon me, as a school leader by the DfE. I will do this without division or in a way which is politicised. I want to continue to strengthen the relationship we have with our school community.

As soon as I can give you more information I will do so. The potential impact on our school ranges from full closure, or partial closure, to little or no impact at all. I will be working with the school governors to understand the picture how it affects us and how we manage this.

TPEG

Litter Pick 10am Saturday the 21st of January 2023 – TPEG.

I have been asked by TPEG to let our community know that there is a litter pick this weekend.

Sleep

I have put some sleep resources on our website. We are noticing that some children seem really tired in school and finding it harder to concentrate and absorb information. I have spoken to all the children in an assembly to let them know the importance of a good sleep routine.

<https://tankersleypeters.org.uk/category/family-resources/>

How much sleep do we need?

Most children between the ages of 5 and 12 get about 9.5 hours of sleep a night, whereas teenagers need around 8-10 hours of sleep each night to function at their best, the exact amount differs from person to person. Getting enough sleep is a common difficulty in teenagers. Here is the general guidance on how much sleep is recommended depending on age:

Age	No. of hours (including naps)
4-12 months	12-16 hours
1-2 years	11-14 hours
3-5 years	10-13 hours
6-12 years	9-12 hours
13-18 years	8-10 hours



Healthy Snack

Please can you ensure that you are sending your child with a healthy snack for break time, no chocolate and no NUTS. We are a NUT free school.

Have a lovely weekend

Mrs. Harrison

